

# THE ST. ANDREW MESSENGER

St. Andrew Lutheran Church, 908 Murfreesboro Road, Franklin, TN 37064



*In Christ, We Worship, Love, Grow, Serve, and Send.*

Vol. XXXX No. 1

JANUARY 2019

## Happy Birthday, Jesus!

### A Prayer for the New Year

#### Come, Holy Spirit,

Spirit of the Risen Christ, be  
with us today and always.

Be our Light, our Guide, and  
our Comforter.

Be our Strength, our Courage,  
and our Sanctifier.

May this new year be a time of  
deep spiritual growth for us,

A time of welcoming your  
graces and gifts,

A time for forgiving freely and  
unconditionally,

A time for growing in virtue  
and goodness.

#### Come, Holy Spirit,

Be with us today and always.  
Amen.

--anonymous--



*Peace came to earth at last that chosen night  
When angels clove the sky with song and light  
And God embodied love and sheathed his might  
Who could but gasp: Immanuel!  
Who could but sing: Immanuel!*

{“Peace Came to Earth,” Jaroslav Vajda; ELW 285}

This Christmas season may you know God’s love  
in places as simple as a barn and as real as our own bodies.

Grace and Peace,  
The St. Andrew Staff

### **ST. ANDREW STAFF**

#### **Senior Pastor**

The Rev. Dr. Michael A. Lippard  
[pastor@saintandrewchurch.com](mailto:pastor@saintandrewchurch.com)

#### **Pastor Emeritus**

The Rev. Eric C. Pearson  
[emeripast@saintandrewchurch.com](mailto:emeripast@saintandrewchurch.com)

#### **Associate Pastor**

The Rev. Katherine Museums  
[pastormuseus@saintandrewchurch.com](mailto:pastormuseus@saintandrewchurch.com)

#### **Director for Youth & Children's Ministries**

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#### **Director of Music**

Dr. Brian Russell  
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#### **Organist**

Dr. Darryl Miller  
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#### **Parish Administrator Newsletter Editor**

Jolene Richardson  
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#### **Administrative Assistant**

The Rev. Susan Springer  
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#### **Children's Choir Director**

Katherine Mansouri  
[mansouri@bellsouth.net](mailto:mansouri@bellsouth.net)

#### **Nursery Attendant**

Amber Barker

#### **Sunday Schedule**

8:30 a.m. Holy Communion

9:50 a.m. Sunday School

11:00 a.m. Holy Communion

Nursery available throughout the morning

#### **Congregational Council:**

President	Doug Hale
Vice President	Kelly Feasel
Secretary	Sue Cox
Treasurer	Shirley Swan
Financial Secretary	Julie Bednar
Finance	Katy Campbell
Faith Formation	Jen Roberts
Membership Development	Adam McGee
Administration	Jolene Richardson
Outreach Ministries	Zach Harris
Stewardship	Bernie Olszewski
Worship and Music	Jody Smith
Fellowship	Meredith Frantz
Nurture	Linda Strickland
Youth Representatives	Emma Tallyn Chloe Stiles

## **FROM THE PASTOR**

The Rev. Peter J. Gomes was an American Baptist minister who served at Harvard University as a professor and its chief pastor from 1974 until his death in 2011. In a Christmas Day sermon, he wrote:

"I have never been to the Holy Land. I hope someday to go, and of all the things I would like to see, I would most like to see the oldest church in Christendom, which stands on what is believed to be the site of the nativity in Bethlehem, the Church of the Holy Nativity. It was considered old in Constantine's time, and in its cavelike crypt beneath the high altar where the seven lamps burn eternally is found the place where it is believed that Mary bore her son. It is the most sacred spot of our faith, and both the sacredness and the space are important, for they remind us of the tangible quality of the Incarnation."

Sermons: Biblical Wisdom for Daily Living (1998), p. 24.

I don't know if Peter Gomes ever made it to the Holy Land, but Susan and I expect to be there next month. It has been a dream of mine for a long time, but how it came about surprised us.

Last June, an old friend showed up unannounced. Tony told me that he and a mutual friend, Lee, were going to the Holy Land in February on a tour led by Lee's daughter, who is an ELCA pastor. Tony said, "You and Susan ought to go." Now here we are, only a little over a month removed from our trip. We'll spend three nights on the western shore of the Sea of Galilee in Tiberias, and six nights in Bethlehem. This will afford us time during the day to see many of the famous sites, including the Church of the Holy Nativity. Thanks to our Council's generosity of spirit, I will be having a sabbatical in 2019. This trip is the first item on my agenda.

It will be Epiphany when Susan and I are in the Holy Land. I expect to be steeped in what Gomes called "the tangible quality of the Incarnation" while we are there. We will be reminded over and over that this holy place is where Jesus was born, walked through Judea and Galilee, taught, healed, and worked miracles. This is where the Christ was crucified, buried, resurrected, and ascended into heaven.

Having shared the good news of Jesus' love for the world for over forty years as a pastor, it seems fitting that I finally should go to where the gospel itself began - and the literature in the Hebrew Bible before that, and its oral tradition many years before that. I wonder how it will impact how I share Jesus' message in the future?

Merry Christmas, happy New Year, and a joyous Epiphany to you!

Michael Lippard

## FROM THE ASSOCIATE PASTOR

### **Addiction and the Opioid Crisis: A Community Education Panel Tuesday, January 29 7:00 p.m. in Pearson Hall**

Over the last couple of years, the opioid crisis has become a more and more regular feature of our daily news. But for too many of us addiction and its effects are not just news headlines; they are painful experiences in our lives or in the lives of people we love. As someone recently told me, the opioid crisis doesn't discriminate. It affects people of all ages, economic status, education – you name it. According to the TN Department of Health, opioid overdoses claimed the lives of 1,268 Tennesseans in 2017, and at least 24 of those were in Williamson County. The numbers climb higher every year. This national crisis has broken the hearts of families right here at St. Andrew.

Seeking to embody Christ's healing and attention to those who suffer, this month St. Andrew will be offering our community a chance to learn more about issues related to addiction and the opioid crisis. A panel of experts from within our congregation will share information from their own experiences and professional perspectives, hoping to cover the basic scope of the opioid crisis; its effects on individuals, families, and communities; and the changes being made to help. This panel will include Laura McElroy (PharmD, BCPS), a clinical staff pharmacist at Maury Regional Medical Center; Anne Fottrell (MD), a psychiatrist; Jeff Moseley (JD), an attorney specializing in health care law and president of 21<sup>st</sup> District Recovery Court; Jane Franks (JD), a judge in the juvenile court system; and Victor Hundt, who lost his son to an overdose. The panel will also provide a list of resources for people struggling with addiction and their families.

We plan to advertise this event widely, inviting the surrounding community to come and learn more about addiction and the opioid crisis. Please invite those you think would benefit from this event, and contact me if you would like copies of our advertising materials to distribute.

*"I lift my eyes to the hills – from where will my help come? My help comes from the Lord, who made heaven and earth." (Psalm 121:1-2)*

*Compassionate God, support and strengthen us as we reach out in love, concern, and prayer for those who are distressed and suffering. In our acts of compassion, use us as your instruments. In all the pain, anxiety, and fear that touch our communities, may people know your peace, your power, and your steadfast love. We pray in Jesus' name. Amen.*

Grace and peace to you,  
Pastor Katherine Museus Dabay

## FROM THE DIRECTOR FOR YOUTH AND CHILDREN'S MINISTRIES

Writing an article for the January newsletter on December 7 at the very beginning of the Advent season is very challenging. What should I write about?

I want to write about Christmas, because that is where my brain is right now. My family has been so busy with the day-to-day schedule just like every other family, that we barely have the Christmas decorations up yet. I feel like we are way behind in this secular race to arrive at Christmas first, and I am starting to panic. I have to STOP and remind myself that it isn't a race; it's Advent. It's about waiting and preparing, and slowing down to listen, see, and enjoy. This is sometimes hard to do.

The new year will be here soon, and our schedules will continue to be full with the next thing to come, like youth and children's ministries for the spring and summer. Our youth will host the annual Valentine's Day dinner on Saturday, February 9. It will be a great event as always, so we hope to see you there for an evening of food, fun, laughs and fellowship. This fundraiser for youth ministry helps send kids to camps and retreats. Registration for summer camps and retreats will begin in February. Vacation Bible School will start to be announced not long after that. **WHEW!!**

I hope that the Advent season is meaningful; that your Christmas is filled with joy; and that the new year finds you and your family well.

Peace,  
Sandy Vollmer  
DYCM

## FROM THE PASTOR EMERITUS

It was always a highlight of Sunday mornings for me when I invited the youngsters to come forward for the children's sermon. They would eagerly approach the chancel with something in hand designed to "stump the pastor." It was my task to turn their little "something" into a Gospel story from which both young and old might garner a bit of inspiration.

I began a tradition of children's sermons at my former congregation, Luther Memorial in North Syracuse, and brought those moments along to St. Andrew. Among the children who came forward each week in that former parish was a little boy who delighted in attempting to get me "off message." He was quite good at his task and I had to be at my best to turn things around before they went too far afield. Bobby was still a little boy when I moved to Williamson County to begin my work here. Whenever I called the little ones forward I remembered Bobby from so many years ago.

Fast forward to that congregation's twenty-fifth anniversary. I was there with several former pastors leading the festival worship service. I was distributing communion when a young man knelt at the altar rail with a woman and two small children. "Pastor," he whispered, "I'm Bobby. Remember me?" Indeed, I remembered Bobby, this time accompanied by his wife and two small children. What a joy it was for me to know that he was still a presence in that congregation after so many years. Perhaps something I said or did led to his continuing relationship with that congregation. I cannot be certain.

Each week a host of visitors come our way. We never know what sort of impression we are making on them. Don't assume that what you say or how you act is unimportant. People are making decisions about St. Andrew from the moment they get out of their cars in the parking lot. Those decisions of whether or not to continue as a part of the St. Andrew family are firmed up as they interact with those of us already settled into our comfortable pews.

It has been a blessing for us over the years to be a welcoming community to so many people from so many different places. Each of them has had a unique story, but sometimes their stay with us has been too brief for us to come to know their stories in full. Why not take a moment each Sunday to greet someone you have not met before, introduce

yourself, and see where that leads?

Grace and Peace,

*Eric C. Pearson* +

Pastor Emeritus

## FROM THE ADMINISTRATION COMMITTEE

*Over the past year and half, the Administration Committee has studied threatening or active shooter situations in regard to our church building. We met with the Sheriff's office for assessment of our facility and with Lt. Rick Clouse of the Franklin Police Department for a safety seminar with the congregation.*

The following article is from a temple talk presented to the congregation at worship on Sunday, December 9 by Jolene Richardson and Jeff Moseley.

"An apology for the serious topic but it was just a little over a year ago on November 4 when a gunman entered a small, rural Texas church, shot, and killed 26 people.

Unfortunately, there have been many incidents where shooters targeted malls, schools, concerts, clubs, and churches to name a few. While we don't believe this would happen at St. Andrew, we do want the congregation to be as prepared as possible.

Obviously we aren't going to cover much in a 3-4 minute temple talk but we want to share basic information from a recent meeting at St. Andrew by Lt. Rick Clouse of the Franklin Police Department.

This information can be applied to any place you and your family are:

- **Be aware of your surroundings.** For any emergency situation, know where the exits are. Do you know where the exit doors are in the church?
- **Establish a meeting place** with your family in case of an emergency.
- **Establish a secret code word** with your family that tells them to get out or run or this is an emergency situation!
- **If you hear fireworks** or something that sounds like fireworks, it ISN'T fireworks, unless you are at a firework show.

- **RUN** if you hear or see anything. DO NOT hesitate or try to take anything with you. RUN!
- If you can't run, **HIDE**. Don't play dead but hide. It is better to RUN but if you can't run, HIDE or **DENY**. Deny by making a barricade if possible.
- **FIGHT** - FIGHT ONLY if you are willing to do what is necessary.
- Last but very important - **COMPLY** with law enforcement. If you are in a situation, do exactly as the law enforcement ask. Do not take strong orders personally. Law enforcement comes in on a situation and has to assess quickly so you need to do exactly as you are told.

**Other important pieces of information you can do as a family:**

1. Teach your children to memorize your names (parents, grandparents, guardians), their address, and phone numbers with area codes.
2. Teach your children the police are there to help them.

In addition to these practical suggestions, the Administrative Committee will continue to bring ideas or recommendations to the Council concerning ways to make our Church safer. We have had an inspection by members of the Williamson County Sheriff's Department and they generally gave us a "thumbs up." Now we will be looking at ways to improve. Those may be ways to lock Sunday School doors quickly to impede access, they may be cameras for monitoring activity on the property or they may involve some form of security personnel. We will continue to talk about those ideas and we will continue to talk to the congregation as we go. We know that we don't have unlimited resources. We know that we want to remain a welcoming place for visitors seeking the Good News. We also believe that we have an obligation to work within those constraints to make our church as safe as possible.

One idea that the committee would like to pursue is the establishment of a Safety Committee. We would like volunteers to form the committee to assist with formulating plans and making recommendations to Administration and Property. It is also recommended that the Safety Committee be responsible for being the congregation's eyes and ears during worship services and other church activities. We are not asking them to be police officers or carry weapons. It might be medical professionals who could be part of

an organized response to an incident. It might be individuals locking doors or clearing exits. The Safety Committee would also assist in case of fire or medical emergency. Over the next few weeks, if you are interested in being part of the Safety Committee, please see one of us, one of the pastors or other members of the Administration and Property Committee (Cliff McIntyre, Christy-Lee Lowe, Nancy Seitz, David Temple, or Joe York). Unfortunately, given the age we live in, this will not be the last time you hear from us on this subject. Merry Christmas!"

Respectfully submitted,  
Jolene Richardson and Jeff Moseley  
Administration/Property Committee

## FELLOWSHIP OPPORTUNITIES IN JANUARY!

### SASSY

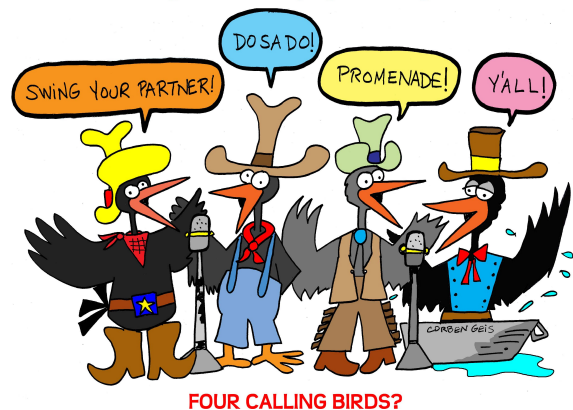
SASSY, Saint Andrew Seniors Staying Young will **not meet in January!** Watch for information for February gathering coming soon!

### Start the New Year with Square Dancing ~ For ALL Ages!

Meet for a little fun learning to square dance in the fellowship hall on **Friday, January 11 at 6:00 p.m.** We will have a pizza party and a fun evening of square dancing. No experience is required! Our caller will teach us all we need to know. This event is for families; we will get the kids dancing, too. Square dance attire is optional.

Please bring a snack to share; drinks will be provided. If you don't want to dance, come to watch and enjoy the fellowship. Chase away the January blahs and make this a new year resolution!

*On the 4th Day of Christmas, my true love gave to me...*



FOUR CALLING BIRDS?



## JANUARY WELCA It's Sushi Time!

WELCA meets on **Tuesday, January 15 at 6:30 p.m.** for a culinary trip to Japan! We will learn how to make sushi rolls and miso soup from teacher, Ai Yamada. She will also make Japanese potato salad for us to try! Please bring salads and desserts for those who may not care for sushi. A sign up sheet will be provided on the WELCA bulletin board.

Please contact Beth Smith at [bethrand@comcast.net](mailto:bethrand@comcast.net) if you need a ride or would like us to provide a babysitter.

## WELCA Quilting

All are welcome to meet and tie quilts for Lutheran World Relief on **Monday, January 14 and January 28 from 9:30 to 11:30 a.m.**

## FLAT SHEETS Needed!

Flat sheets, any sizes, are needed for WELCA quilting! They can be clean, gently used or new! Twin flat sheets are inexpensive at Walmart. Place the sheets in the brown bins in the administration entry. Thanks!

## QUILT-A-THON

**January 19 from 9:00 a.m. until 2:00 p.m.**

Please join us to help **reach our goal of completing 25 quilts!** Everyone who can tie a knot is welcome to join us. Lunch will be provided. We always have a lot of fun and good fellowship. Please sign up on the WELCA bulletin board.



## WELCA CHALLENGE!

**Your Help is requested!**

**Collect 1,000 lbs. of SOAP by August, 2019!**

- Bring full size bars of soap every third Sunday to St. Andrew.
- Or make monetary donations; please make your checks to "St. Andrew WELCA."



Check the thermometer on the door of the WELCA closet located in the hall by Pearson Hall to see how we are doing in the challenge!

## WE NEED RECIPES!

WELCA is gathering recipes for the 3rd edition of The Good Cookbook. Favorite family recipes as well as tried-and-true things you love to cook will all be considered for publication. We may have a re-run section, too! Please share your recipes in the box in the Administrative entrance.

## Membership Development Sells St. Andrew Polo Shirts!

The Membership Development Committee is taking orders again for quality polo shirts with the St. Andrew logo on them. They come in a wide array of colors and sizes for all, including youth sizes. There will be a table set up on Sundays beginning on January 19 or check the literature rack outside Pearson Hall by the church mailboxes for order forms. Checks should be made to St. Andrew Lutheran Church with polo shirts in the memo line. For more information, contact Beth Smith at 615-479-3566 or at [bethrand@comcast.net](mailto:bethrand@comcast.net).



## HEALTH MINISTRY NEWS

### Resolve to Eat These 10 Healthy Foods Often in 2019!

If you are in need of a New Year's resolution here is an option that could potentially help you to become healthier if you are not already taking advantage of 10 wonderful sources of nutrition. The following 10 foods are some of the healthiest because they meet at least three of the following criteria:

- Excellent source of fiber, vitamins, minerals and other nutrients
- High in phytonutrients and antioxidant compounds such as vitamins A, E, and beta carotene
- May help to reduce the risk of heart disease and other health problems
- Low in calorie density, meaning you get a larger portion size with fewer calories
- Are readily available

**Almonds** are packed with nutrients - fiber, riboflavin, magnesium, iron and calcium. Almonds have more calcium than any other nut. Also, one serving of almonds provides half of your body's recommended dietary allowance of vitamin E. Like all nuts, almonds are good for your heart.

**Apples** are an excellent source of pectin, a soluble fiber that can lower blood cholesterol and glucose levels. Apples can push the production of the "memory chemical" acetylcholine. Apples are also a good source of vitamin C which serves to protect the body's connective tissue from damage.

**Blueberries**, along with cranberries, are a rich source of phytonutrients - a group of compounds that may help prevent chronic diseases such as heart disease, diabetes and some cancers. These plant compounds may also improve short-term memory and promote healthy aging.

**Broccoli**, the champion of green vegetables, is a great source of calcium, potassium, folate, fiber and phytonutrients. It also gets the award for being a great source of vitamins A and C.

**Red beans**, including small red beans and dark red kidney beans, are good sources of iron, magnesium, phosphorus, potassium, copper and thiamin. They are also an excellent low-fat, low-calorie source of protein and dietary fiber and contain phytonutrients.

**Salmon** is an excellent source of omega-3 fatty acids, a type of fat that makes your blood less likely to form clots that may cause heart attacks. Omega-3s may also protect against irregular heartbeats, lower triglyceride levels and blood pressure and reduce the risk of stroke. Salmon is low in saturated fat and cholesterol and is a good source of protein.

**Spinach** is an excellent source of riboflavin, vitamin B-6, calcium, iron, magnesium, vitamins A and C and folate. The plant compounds in spinach may help keep your hair and skin healthy and boost your immune system.

**Sweet potato**, full of beta carotene which is converted to vitamin A in your body when eaten, may help slow the aging process and reduce the risk of some cancers. Sweet potatoes are also good sources of fiber, vitamins B-6, C and E, folate and potassium. Sweets are fat-free and relatively low in calories - one small sweet potato has just 54 calories. Of course, that is without the butter, brown sugar and nuts!

**Vegetable juice** is an easy way to include vegetables in your diet because it has most of the vitamins, minerals and other nutrients found in the original vegetables. Juices that include tomatoes are good sources of lycopene, an antioxidant that may reduce the risk of heart attack, prostate cancer and possibly other types of cancer. Be sure to choose the low-sodium varieties.

**Wheat germ**, the center of a grain of wheat, does for humans what it does for the new wheat sprout. This small part of the wheat seed is a highly concentrated source of nutrients including niacin, thiamin, riboflavin, vitamin E, folate, magnesium, phosphorus, potassium, iron and zinc. It also contains protein, fiber and some fat.

What better way to start the New Year than with a resolve to be healthier. Include these good foods in your daily diet and you will reap the benefits. Stay well as you look forward to a healthy 2019!

**Have you had your flu shot? It is not too late!**

Cornelia Pearson, RN, MN  
Chair, Health Ministries Team

*Reference: mayoclinic.org, 2016*



## AROUND THE PARISH

### The Rite of Confirmation



**Ellie** was confirmed on Christ the King Sunday, November 25 at the 8:30 a.m. worship. Congratulations, Ellie!



Thanks to our St. Lucias, **Ellie** and **Evelyn**, who delighted the children by handing out ginger cookies on Sunday, December 9 at the children's sermon. A special thank you to **Meredith Frantz** for making these delicious ginger cookies, too!

Way to go, **Jimmy Franks**! Jimmy has been selected as the 2019 President of the Home Builders Association of Tennessee! He was inducted by Mayor Ken Moore at the annual HBAT dinner on Saturday, November 10. Congratulations, Jimmy!

Congratulations to **Caitlyn**, granddaughter of Al & Marty Dieterle! Caitlyn was named Academic All-Star at Clovercroft Elementary School in Franklin.

### St. Andrew December Playgroup Fun

The playgroup children made Christmas cards to give to the shut-ins with the Christmas caroling group. And to top off the afternoon, they enjoyed hot cocoa at Zach and Claire Harris's home.



### St. Andrew Alumni!

**Karen Williams (McIntyre)**, **Alice Chapman (Pearson)**, and **Julia Moore (Short)** recently were reunited in November at St. Andrew. The life-long friends have a long standing tradition of having their photos taken together on Christmas Eve. This year, they got together a little early in November. Pictured below - now and then (1993).





## Christmas Tree Fun!



**Merry  
Christmas!**



## ADULT EPIPHANY CHOIR PARTY

The adult choir will have an Epiphany party on Saturday, January 12 at the home of Tom and Laura McElroy, 110 Saddlebridge Lane in Franklin from 5-8:00 p.m. The McElroys will provide the meats and drinks. RSVP to Laura at [lmcelroy80@comcast.net](mailto:lmcelroy80@comcast.net) for instructions on what to bring and if you are attending.

## SAVE THE DATE



## ST. JOHN PASSION

A Passion Cantata by J. S. Bach

St. Andrew Adult and Youth Choirs  
Professional Soloists and Orchestra

PASSION SUNDAY, APRIL 14, 2019 • 3:00PM

## OUTREACH OPPORTUNITIES:

### Drivers Needed

Are you able to drive a multi-passenger van? Are you available Friday evenings and Saturday mornings? If so, Room in the Inn could use your help. St. Andrew participates in this program, which provides overnight accommodations for homeless men. On scheduled Friday nights in November through March, six gentlemen arrive for dinner, spend the night, enjoy breakfast, and are sent off with a sack lunch on Saturday morning.

There are many ways to help with this ministry; one is serving as a driver. The driver picks up a van from Tennessee Car & Van Rental between 3:00-5:00 p.m. on Friday (the rental company closes at 5:00 p.m.). The driver proceeds downtown to pick up guests between 5:45-6:00 p.m. and brings them to church. On Saturday morning, the driver picks up our guests at 5:30 a.m. and returns them to the shelter by 6:30 a.m.

If the driver is willing, our guests can be taken to Waffle House for breakfast; this is coordinated with the dinner hosts on Friday evening when our guests arrive. The driver then refuels and returns the van. It is possible to be reimbursed for fuel and breakfast.

If this is something you could do, please contact Ken or Kate Cockerham for more details at [kcockerham@fpcnash.com](mailto:kcockerham@fpcnash.com) or [kckross516@gmail.com](mailto:kckross516@gmail.com).

**JOIN THE "INN CROWD!"**

### Newsletter Deadline

ALL articles and photographs  
for the

**FEBRUARY 2019**

newsletter must be  
submitted to the

Parish Administrator at

[office@saintandrewchurch.com](mailto:office@saintandrewchurch.com)

The deadline for submissions is

**Friday, January 11, 2019**

## An Amazing December at St. Paul's Breakfast Ministry!

Our high school class and their parents, along with the Thurman family, were able to serve breakfast of sausage, pancakes, casseroles, and fruit to approximately 110 grateful women and children. Thanks to the generosity of our congregation, we were literally able to set up a small "store" on the way out of the church, where people were given gifts of toiletries, blankets, hats, gloves and scarves, socks, toys, and books along with the wish for a Merry Christmas from our group. It was truly one of the best breakfasts to date! Thanks to all who donated and served.



**God's Work.  
Our Hands.**





## ST. ANDREW LUTHERAN YOUTH

**SAVE THE DATE:  
Saturday, February 9,  
2018!**

**Our youth will host the annual Youth Valentine dinner and show. They are working hard on planning a wonderful evening for you. Ticket sales will begin soon.**



### KEEP THE KROGER CARD REWARDS COMING

Would you like to share Kroger reward dollars with our youth? Participate by enrolling through the Kroger Community Rewards and your Kroger Plus Card Reward program on an annual basis through the [www.Kroger.com](http://www.Kroger.com) website. You will need to log in using your e-mail and password that you set up and scroll to find St. Andrew Lutheran Church, or use our number, which is 59564. If you have never signed up for the Kroger Community Rewards program, you are welcome to do so at this website: <https://www.kroger.com/account/enrollCommunityRewardsNow>

### INCLEMENT WEATHER

Please keep in mind that if the weather is questionable, youth activities might be cancelled due to the weather. Safety is our top priority. We will do our best to communicate any cancellations through e-mail, the church Facebook page, and cell or telephone.

### 2019 UPCOMING YOUTH EVENTS ALL YOUTH ARE INVITED TO JOIN US!

**January 6** - STAKK 5<sup>th</sup> & 6<sup>th</sup> Grades meet  
5:00 - 7:00 p.m.

**January 19-20** - Happening of the South. Trinity Lutheran Church, Tullahoma, TN

**January 20** - SLY Middle and High School  
5:00 - 7:00 p.m.

### MANY THANKS!

\*To **volunteers who help on Sunday mornings**, youth group events and beyond! What you do is so important for the faith formation of our children and youth!

\*To **Ellie Geuther and Evelyn Brackebusch** for serving as Saint Lucia this year.

\*To the **high school youth and parents** who served at St. Paul's breakfast in December and to **Laura McElroy** for leading this ministry.

\*To the **youth and parents** who helped with the Christmas eve luminary set up, lighting and clean up.

\*To the **youth and adults** who participated in Christmas caroling.

\*To **parent volunteers** who helped with the rehearsals and costuming for, the 3:00 Christmas eve worship.

\*To all the **children and youth** who participated in the 3:00 p.m. Christmas eve worship.

### ADVENT WREATH MAKING FUN!



# FAITH FORMATION FOR ALL AGES AT ST. ANDREW



## MONDAY NIGHT BIBLE STUDY

### Jesus and Isaiah

7:00 p.m. - Pearson Hall

Begins January 14

"When [Jesus] came to Nazareth...he was in the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: 'The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim the year of the Lord's favor.' ...Then [Jesus] began to say to them, 'Today this scripture has been fulfilled in your hearing.'" (Luke 4:16-21).

Jesus referenced the Old Testament book of Isaiah a lot to explain his teachings and his life. The Church, from ancient times till now, has also turned to Isaiah to understand how Jesus could be the messiah. On Monday evenings we will be studying Isaiah, why it was so important to Jesus, and how it can help us understand his life and saving work.

Materials for this class will be prepared by Pastor Katherine using Walter Brueggemann's commentary *Isaiah* (vol. 1 and 2). They will be distributed on the first day of class (January 14). Please contact Pastor Katherine with questions.

## WEDNESDAY WOMEN'S BIBLE STUDY

The Wednesday Morning Bible study continues with "Many Witnesses, One Lord" by William Barclay. Please join the women of St. Andrew on Wednesday mornings from 10:00-11:30 a.m. for this new study. Childcare can be provided by calling Wanda Jasper at 615-972-4110.

## THE NAVIGATORS ~ Men's Group

All men of St. Andrew and friends: meet for a monthly breakfast and devotions, the first Saturday of each month at St. Andrew at 7:30 a.m. Our group also works with other groups of the church on service projects as needed. All are welcome; come and join us. Please contact Frank Hale for more information at fahale@utk.edu or 615-832-6802.

## THE BOOKMEN ~

### A Wednesday Book Club For Men

The Bookmen meet weekly on Wednesdays at 8:30 a.m. at St. Andrew Lutheran Church. All men are invited whenever you can attend for fellowship and fun. Contact Charlie Bowker at 615-465-6057 or bowksaz@msn.com for more information.

## ADULT SUNDAY SCHOOL CLASSES

### Studies of the Sunday Lectionary

This adult class meets at 10:00 a.m. in Pearson Hall to study scripture appointed for the day. Bring your coffee and join Pastor Lippard or Pastor Museums.

### Newcomer/Inquirer's Class

A new series of classes for people considering membership in the congregation will begin on **Sunday, January 27 during the 9:50 a.m. Sunday School hour.** Time will be spent looking at the Lutheran Church with its rich history, doctrine and theology. In addition the class will focus on St. Andrew, its local mission, and the part it plays in the world-wide mission of the Evangelical Lutheran Church in America. Here's a chance to make some new friends and learn something about the faith journey we began at our baptisms. The classes meet in Pearson Hall through the double glass next to the coffee table. Bring your coffee and questions. Child care is available for children too young for Sunday School. Talk with Emeritus Pastor Eric Pearson if you have questions.

### Companions in Christ (CIC)

The Companions in Christ Sunday School Class meets in Pearson Hall at 9:50 a.m. to study various books and current events.

### Active Parenting Class

Please join the Active Parenting Sunday School class which resumes on **Sunday, January 6 & 20.** For more information on the class, contact Jeana Butler at jeana.r.butler@gmail.com.

## Please Remember in Your Prayers

### FOR HEALTH & HEALING

Vic & Sue Hundt	Lisa Blanchard	Judith Anderson
Rand Smith	Jim Curtis	Jeanne Parr
Jessica Jennette	Bruce Wegner	Marj Fottrell
Connie Pearson	Micki Fengler	Charlie Carr
Roberta Edwards	Myrabel Theobald	Edwin Myers
Darrel Reifschneider		

Dottie Maly & family  
Dawn, cousin of Christy-Lee Lowe  
Tyler Speed, grandson of Meredith Frantz  
Philip, cousin of Jeanette Higbe  
Jeannine Rose, friend of Marilyn & Wayne Kruse  
Gert Erickson, friend of the Dieterles  
Valerie Martin, friend of Anne Fottrell  
Zach Schilling, friend of Frank & Cindy Hale  
The Little family, friends of the Bednars  
Baby Emma, great-niece of Wally & Liz Combiths  
The Francis family, friends of the Andersons & Richardsons  
Mindy Lucas, friend of James & Stacey Stiles  
Rose Stiles, mother of James Stiles  
Jim Hartke, brother-in-law of James & Stacey Stiles  
Arthur Keefer, brother of Dick Edwards  
Judy Springer, stepmother of Susan Springer  
Owen Zubkus, grandson of Jack & Carol Edwards  
John Brand, friend of Dwight & Karen Bonifacius  
Diane Rausch, sister of Laura Rogers  
Pearl McIntosh & Betty Hollis, grandmothers of Melissa Coleman  
Jack Butcher, friend of Stacy Higbe  
Lorna Jones, friend of Liz Combiths  
Sue Rogers, sister-in-law of Laura Rogers  
Irene Wheeler, sister of Peggy Bowker  
Erica Baggett, friend of Bonnie & Ken Sersland  
Earl & Beverly Scott, parents of Amy Vehec  
Guy Bart, brother-in-law of Marty Emrath  
Ric Felts, friend of Beth Smith  
Doug Bunch, friend of Doug & Martha Ellwood  
Eugene, cousin of Jeanette Higbe  
Jim Moritz, father of Chris Moritz  
Ken Baumann, father of Juli Kay Baumann  
Garie Teig, sister-in-law of Beth Paton  
Carson Anderson, friend of the McGee family  
JJ & Judy, grandson and sister of Pat Pitt  
Wilma Ford, friend of the congregation  
Claire Gaddis, friend of the Rutter family  
Amy Bishop, friend of Laura Rogers  
Kirk Kleinfeld, friend of Tim Quinn  
Joan & Ed Daugherty, sister & brother-in-law of the Combiths  
Rosanna Nykanen, friend of Anne Fottrell  
Kim Korn, friend of the Richardsons  
Thomas Grimm, friend of Patty Norem  
Kristie Pennington, friend of Julie Bednar  
Judy Trosper, member of the congregation  
Pat Mettee, wife of Pastor Howard Mettee  
Dolores Bateman, sister of Libbie Quinn  
Bob and Linda Holloway  
Liam Daniel Baumann, nephew of Juli-Kay Baumann  
David Eyer, friend of Eric & Connie Pearson  
Gwen Hampton, sister of Jeanne Parr  
Michael Paul Lewis-Cooper, nephew of Cathy Miller  
Carolyn Galegor, friend of Ken Cockerham  
Janice Williams, friend of the Blanchards

Cody Brown, great-nephew of the Richardsons  
Matthew Hodge & family, friends of the Vollmers  
Dianne McClendon & family  
John Rogers & family, friends of Ken Cockerham  
Steve Reckard, brother of Julie Anderson  
David Downey, cousin of Lisa Blanchard  
Mary Brogan, friend of Connie Pearson

### OTHER:

For our St. Andrew Council; for wisdom and leadership  
Bishop H. Julian Gordy, Pastor Morgan & family  
Presiding Bishop Elizabeth Eaton  
Lax Vardhanapu, seminarian, Mary & Keren  
Area ELCA congregations & those in transition  
Mission Partner - Peace Lutheran Church in Springhill  
The Trinity/HOPE Feeding Program & the people of Haiti  
St. Andrew Building Debt Reduction  
Pastor Palmer Clemmer  
Pastor Jill Henning  
For an end to violence against one another  
For elected leaders who lead our country  
For healing, hope, peace for our country and other countries  
For communities to love one another as brothers and sisters  
For communities suffering from domestic violence  
For the communities healing from loss  
For communities to live in peace  
For communities and countries suffering from natural disasters  
For those suffering from domestic violence  
For caregivers who care for loved ones  
For service men & women who defend our country & their families who have lost loved ones  
For those battling depression & mental illness  
Those unemployed, under-employed, or seeking jobs  
For those leaving prison & seeking life and work outside  
For those contemplating surgery  
Mistreated, abandoned & homeless animals

### IN MEMORIAM:

Alan Turchin, stepfather of Sandy Vollmer  
Joe Green, uncle of Jeff Moseley  
Mary Rutter, mother of Kirk Rutter; grandmother of Claire Harris  
Vern Maly, father-in-law of Mahgen Kruse

### REMEMBER THOSE DEPLOYED FOR MILITARY SERVICE:

***If you know of someone who is in the military or has been deployed for duty, please let the church office know so that we can list them in prayers.***

Andrew Lau, brother of Ron Lau  
Amanda Luchinski, friend of Beth Smith  
Ian King, step-grandson of Marty & Al Dieterle  
Barbi Miller, niece of Mike & Jody Smith  
Jay Tully, son of Jim & Becky Tully  
Andy Richardson, nephew of Mike & Jolene Richardson  
Joey Ladnier, nephew of Morgan Gordy  
Jeffrey P. Hill, son of Jeff & Tina Hill  
Nick Smith, son-in-law of Jeff & Tina Hill  
Tony Wirth, cousin of Dana Nethercutt  
Matt Parr, grandson of Jeanne Parr  
Cole Jorgenson, son of Barbra Jorgenson  
& grandson of Ron & Sue Hartman

***\*\*Please note that all names will be removed after two months on the prayer list. If you would like for someone to remain on the prayer list indefinitely, please let us know.***



## Congratulations!

### January Birthdays:

January 1	Rebekah Hinson Bonnie Sersland
January 2	Nicole Karriot Stacy Klug Brendan Medina
January 3	Brett Forsberg Claire Harris
January 4	Ingrid Byrum Sara Netolicky
January 5	Carla Thurman
January 6	Jim Cottingham
January 8	Andy Kwarciak
January 11	Sheree Koutsoukos
January 13	Will Derwenskus Ella Derwenskus Cindy Hale Cole Jorgenson
January 14	Amy Hafner
January 15	Eric Randa
January 16	Scott Adams
January 17	Christy-Lee Lowe Lynn Samuelson Antonia Santarpia Annie Thurman
January 18	Emily Bednar Paula McNiel
January 19	Damon Green III Laura Rogers
January 22	Donnie Smith
January 23	Steve Ochab
January 25	Don Carlenius Dorothy Juergensen Don Norsworthy
January 27	Michael Lippard Jimmy Shannon
January 28	Ken Sersland
January 29	Bernadette Patton
January 30	Terri Datillo
January 31	Hannah Coleman

### January Anniversaries:

January 2	Jim & MaryBeth Cottingham Tom & Laura McElroy
January 6	Mike & Tiffany Alday Michael Lippard & Susan Springer
January 7	Tom & Sara Netolicky
January 21	Chris & Katy Campbell
January 31	Lance & Mallory Dorman

**\*\*Please let us know if your birthday or anniversary is missing! Email information to [office@saintandrewchurch.com](mailto:office@saintandrewchurch.com). Thanks!**

## NEWS FROM TRINITY/HOPE

### Real Worship

By Kimberly Beihl

*"Therefore God has highly exalted Him and bestowed on Him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father." Philipians 2:9-11*

I have never experienced a Christmas service in Haiti, but I have been to several worship services when I've visited, so I can only imagine what a grand celebration a Christmas service would be! Because of the lack of commercialism and the strong faith of the Haitians to trust in the Lord to provide daily, I truly believe that the people of Haiti worship and praise the Lord, for the gift of Jesus, with extremely thankful hearts to a point that maybe we can't fully express here in the United States.

What if you didn't have a warm home to return to after church and a tree with presents underneath? Would you still proclaim the greatness of the gift of birth of our Savior? If so, how? This Christmas as you are singing your favorite Christmas carols and hymns, close your eyes for a brief moment and imagine you are at worship in Haiti! Lift your hands, raise your voices, bow down on your knees, and confess with your mouth that Jesus Christ is Lord. He is our Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace!



I'm so grateful to have written this article right before Christmas. I thank my friends in Haiti because they have reminded me to worship as true worshippers do, in spirit and truth, from a place of need, not a place of want. Lord, I need thee! Every hour, I need thee! Thank you for the gift of your Son, Jesus!

Amen & Merry Christmas!

St. Andrew Lutheran Church				
January 1 to November 30, 2018				
Financial Update	NOV. Plan	NOV. Actual	YTD Plan	YTD Actual
Total Revenue	69,431.00	65,016.61	744,714.00	804,469.34
Total Expenses	84,443.38	72,435.06	869,743.62	830,044.78
Surplus (Deficit)	(15,012.38)	(7,418.45)	(125,029.62)	(25,575.44)
Mortgages	Beg Balance	Principal Payments	End Balance	
Mortgage #1	2,233,315.54	99,307.83	2,134,007.71	
Cash Balances				
Checking	Savings			
88,795.73	\$412,470.57			

## MEMORIALS & TRIBUTES

In Memory of her husband, Jim, to Christmas baskets by Sharron McFarland.

### New Address:

If you would like to send cards or notes to Don Smith, his new address is 506 Main Street, Greenbrier, TN 37073.

## YOUR 2019 OFFERING ENVELOPES

Please pick up your offering envelopes in your church mailboxes, located near the offices outside of Pearson Hall. We ask that you to take them home so we have room for other mail throughout the year.

Many ask why they need envelopes if they are contributing electronically? Good question!

- Everyone is assigned a number from the box of envelopes. These are personal to your giving so we can record accordingly. This number relates to all and any giving.
- Each box of envelopes contain additional ways to give outside of Sunday mornings.

If you don't have offering envelopes and would like St. Andrew to keep track of your offerings, please contact the office@saintandrewchurch.com. Thanks!

## 2019 FLOWER DONATIONS; BREAD & WINE DONATIONS

The new sign-up charts to supply bread, wine, and flowers on Sundays are posted in the fellowship hall. Choose a week or more to donate by writing your name in the lines provided. Altar flowers may be

given in memory, in celebration, or to the glory of God, and listed in the bulletin. The church purchases the bread and wine; you provide the funds by writing your check to St. Andrew and listing "bread and wine" in the memo. **Flowers are \$40 per vase each Sunday.** Again, checks are made to St. Andrew with "flowers" in the memo line. **Bread & wine is \$10 per Sunday.** Drop your check in the offering plate the Sunday you provide them. You are welcome to take your flowers home after the last service or pick them up on Monday.

## FLOWERS FOR THE MEDITATION GARDEN

Opportunities are available to place flowers in the Meditation Garden for 2019. Once a month, from May through November, flowers can be sponsored in memory of a loved one, in honor of a special person, or to the Glory of God.

Sign up on the flower chart in the fellowship hall. Two vases of flowers can be sponsored each month at a cost of \$50.00 per vase. Vases will be placed on top of the worship table in the Columbarium/Meditation Garden.

Please make your check for \$50.00 payable to St. Andrew Lutheran Church and mark "Flowers - Meditation Garden" on the memo line.

2019 dates to sponsor flowers are: May 26, June 23, July 28, August 25, September 22, and November 3.

Thank you for considering this special opportunity to enhance the Meditation Garden with flowers during the summer and fall. If there are any questions, you may contact Ron Hartman at 615-500-8230 or Jolene Richardson in the church office.

Ron Hartman  
Columbarium/Meditation Garden Committee

# ST. ANDREW LUTHERAN CHURCH

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[www.saintandrewchurch.com](http://www.saintandrewchurch.com)

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May the blessing of the One who came to show us the Light  
be yours this Holy Season & throughout the New Year.

